

Brooklawn Middle School Fall 2020 Newsletter

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Ms. Carly Stout, Principal

cstout@pthsd.net

Message from the Principal...

I blinked and now it is the middle of November. Does anyone else feel like that? The first two months of school have been great! Getting students and teachers back in our building has brought this place back to life.

We have been able to resume many of our activities by just thinking outside of the box a little bit. Student council hosted a virtual trivia night, and it was a huge hit. The fall sports season was back up and running with a few modifications as well. I encourage you to have your student get involved. All of our clubs have started up for this year. You can find a list of the clubs that we offer with meeting information, times and google meet links on the front page of our website. Whether your student is learning virtually this year or coming in person, they are a Brooklawn Knight and we want to make sure everyone is feeling like they are a part of our school community.

Please know that our teachers, counselors and administrators are here for you. Do not hesitate to reach out to any of us with questions. Communication is key because as we all know.... It takes a village! If your child does not understand the lesson for the day, please check the google classroom. If you still need assistance please, do not hesitate to contact the teacher.

Thank you for everything that you are doing at home. Although the holidays will look different this year, on behalf of all of the teachers, administrators and staff here at Brooklawn... we wish you a very healthy and happy holiday season.

Stay well,
Carly Stout
Principal



SEL & Mental Health Info from Ms. Leah Salkin

Students' social, emotional, and behavioral needs are key elements to their academic successes and challenges throughout middle school. At BMS, we greatly value universal Social-Emotional Learning (SEL), in addition to providing individualized interventions for students with mental health needs. Considering the unprecedented time we are living in, many may experience various social-emotional challenges. Being mindful of potential challenges your child may experience is important to their well-being and mental health. Below are some useful community resources for mental health treatment, in addition to online resources to help you and your child during this time:

Morris County Mental Health Services:

<https://oem.morriscountynj.gov/directory-mental-health/>

Useful Resources:

<https://www.nlm.nih.gov/health/statistics/mental-illness.shtml>

<https://www.mentalhealth.gov/>

<https://casel.org/resources-covid/>

<https://www.adolescenthealth.org/Resources/Clinical-Care-Resources/Mental-Health/Mental-Health-Resources-For-Parents-of-Adolescents.aspx>

<https://teenmentalhealth.org/parents/>

PARENT TEACHER CONFERENCES

Parent Teacher Conferences will be on Friday, November 20th, Monday, November 23rd, and Tuesday, November 24th. Please sign up for conferences in the parent portal. If you have a question, please reach out to your student's school counselor.

Grade 6: Ed Young eyoung@pthsd.net

Grade 7: Karen Mikorski kmikorski@pthsd.net

Grade 8: Lauren Smolinsky lsmolinsky@pthsd.net



This sports season has definitely been like no other. We were happy to have our students get back on the track and field enjoying the comradery and competition. We had a great season vs Central Middle School. The overall season stats were:

Our Boys Soccer and Field Hockey team both had 2 wins and 2 losses.

Our girls soccer team had a tough season but enjoyed being on the field. They finished 0-3-1 but had a great win against the boys when they had a scrimmage one afternoon.

Our cross-country team had an undefeated season at 8-0. The 8th graders on the cross country team finished their careers with an overall record of 54-2 with two county championships and one second place finish.



The end of Marking period 1 was Thursday, November 4th. If your student received an incomplete, please reach out to the teacher.



Just a reminder that teachers will provide asynchronous lessons in the afternoon and on virtual Friday's. This can occur in many ways so please remind students to follow the directions of the teacher. If you have a question, please check your student's google classroom. You can also visit our website and click on the link "Teacher Office Hours Availability Link".

MANAGING CORONA VIRUS (COVID-19) ANXIETY

For You

- Avoid excessive exposure to media coverage
- Connect through calls/text/internet
- Add extra time for daily stress relief
- Practice self-care
- Focus on your mental health

For Kids

- Reassure them that they're safe
- Let them talk about their worries
- Share your own coping skills
- Limit their news exposure
- Create a routine & structure

For Quarantine/Isolation

- Keep in contact with your loved ones via social media, texts, and phone calls
- Create a daily self-care routine
- Keep yourself busy: games, books, movies
- Focus on new relaxation techniques

BlessingManifesting

Do you need Chromebook Help??

If you need assistance with your Chromebook, you can get tech support. Please send an email to support@pthsd.zendesk.com or call 862-286-7069. One of our technicians will then reach out for support. Any student who is coming in to school can also see the technician during their scheduled lunch periods. Thank you for your patience.

Knights Across America!



Road trip!

We're going to Disneyland! The Brooklawn Knights are traveling across the country... virtually that is. One-step at a time we will be tracking our mileage as we race across America from Brooklawn Middle School to Hollywood California. Together we will climb mountains and stop to smell the roses along the way.

Special thanks to our PTSA who will be helping us to support this great cross-curricular activity by donating prizes to our winners. Whether your student is a virtual student or they are coming in for live classes we want you involved! Stay tuned for more info coming from your Physical Education teachers!

Builders Club

The Builders club is once again participating in the Jersey Coats Fundraiser. Last year they collected over 200 coats for this great cause. The collection is running through the month of November. Please feel free to send in gently used or new coats and place them in the box that is located outside the main office. For our virtual families, you too can participate. You may drive up to the main entrance of the building and drop the coat in the box. Thank you to everyone for your donations.



Upcoming Important Dates

November 2-15: PTSA Virtual Book fair

November 16: Virtual Bingo sponsored by Student Council

November 20, 23, 24: Parent-Teacher Conferences

November 26-27: Closed for Thanksgiving Break

November 30: Picture Retake Day and pictures for virtual students

December 23 - January 3: Closed for Winter Break

What's Happening At Brooklawn This Month??

There are many ways to find out. Students can check in on their class level student activities google classroom. You can also check out our Brooklawn Student Activities website. Student Council is working hard planning virtual events to keep us all connected. We are also looking forward to some upcoming virtual service opportunities. Don't forget to check the calendar: <https://bms.ptbsd.k12.nj.us/Activities/thismonth>



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